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nutritional NINJAS

Join us for our
after school
cookery club!

DO YOU WANT TO BECOME A
NUTRITIONAL NINJA?

We provide all
the equipment
and
ingredients!



Our cookery classes allow the children to learn a variety of different skills that will carry them through into later life, including:

Food hygiene, preparation, knife techniques, measuring ingredients as well as to value what is good for them nutritionally.

Learn to make: Banana bread, carrot biscuits, bean burgers, hummus, chocolate muffins and many more delicious treats!

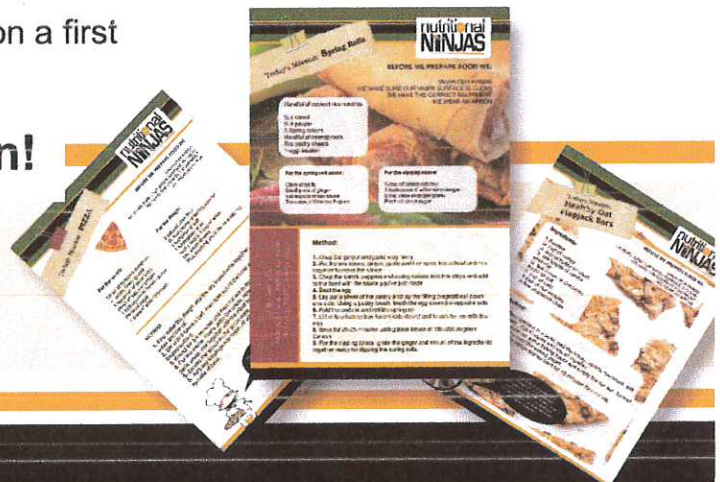
LOCATION: Prior Heath Infant School
DAY: Tuesday
TIME: 2:55-3:55
PRICE: £81 includes all ingredients
DURATION: 9 Weeks

Club Dates:
Jan: 9th, 16th, 23rd, 30th
Feb: 20th, 27th
March: 6th, 13th, 20th

Spaces are strictly limited and are allocated on a first come, first served basis.

Build up your own recipe collection!

Every week you get your own recipe card so you can cook the recipes you've learnt again and again.



Please go to our website to book your child's place online
www.nutritionalninjas.co.uk