

Menu for Week 2

September/October 2017

Week commencing	5 th September 2017		
Tuesday 5th	Wednesday 6th	Thursday 7th	Friday 8th
Main Option (Red band)			
Margherita pizza & potato wedges v, c	Roast British chicken, roast potatoes & gravy	Sweet & sour chicken	Small fry & crispy herby potatoes c
Vegetarian Option (Green band)			
Quorn sausage & tomato roll & jacket wedges v	Cauliflower cheese & roast potatoes v, c	Lentil Bolognese & spaghetti v	Bean & cheese burrito & crispy herb potatoes v, c
Jacket Potato /Pasta Option (Yellow band)			
Jacket potato with tuna and/or cheese and/or baked beans c	Jacket potato with cheese and/or baked beans v, c	Jacket potato with cheese and/or baked beans v, c	Cheese & tomato pasta v, c
Vegetables (a salad cart is also available every day)			
Sweetcorn & peas	Carrots & cabbage	Broccoli & sweetcorn	Peas & baked beans
Dessert (yoghurt is also available as an alternative dessert)			
Fruit cookie v	Orange jelly & mandarins v	Ice cream v	Fruit yoghurt v

v = suitable for vegetarians

c = contains cheese