

**Menu for Week 1****October 2017 to March 2018**

<b>Weeks commencing</b>	<b>2017: 30<sup>th</sup> October, 11<sup>th</sup> December</b>			
	<b>2018: 8<sup>th</sup> January, 29<sup>th</sup> January, 26<sup>th</sup> February, 19<sup>th</sup> March</b>			
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Option (Red band)</b>				
Cheese and tomato pizza & pasta salad <b>v</b>	Beef bolognese & spaghetti	Roast British pork with apple sauce, roast potatoes & gravy	BBQ chicken fillet in a brioche bun & diced potatoes	Lemon breaded salmon fillet & chips
<b>Vegetarian Option (Green band)</b>				
Quorn veggie chilli & jacket potato <b>v</b>	Quorn and butternut squash curry & rice <b>v</b>	Lentil cottage pie <b>v</b>	Vegetable lasagne & garlic bread <b>v</b>	Quorn sausage and tomato roll & chips <b>v</b>
<b>Jacket Potato / Pasta Option (Yellow band)</b>				
Cheese & tomato pasta <b>c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Cheese & tomato pasta <b>v, c</b>
<b>Vegetables (a salad cart is also available every day)</b>				
Sweetcorn salsa	Peas & sweetcorn	Cabbage & carrot batons	Broccoli & salad	Peas
<b>Dessert (yoghurt is also available as an alternative dessert)</b>				
Fruity flapjack & fresh apple slices <b>v</b>	Fruit yoghurt <b>v</b>	Lime and mint infused fruit salad <b>v</b>	Ginger sponge & custard <b>v</b>	Cheese and biscuits & grapes <b>v</b>

**v** = suitable for vegetarians**c** = contains cheese