

Menu for Week 2**September/October 2017**

Weeks commencing	25th September & 16th October			
Monday	Tuesday	Wednesday	Thursday	Friday
Main Option (Red band)				
Margherita pizza & potato wedges v, c	Ham & cheese pasta bake c	Roast British pork, roast potatoes & gravy	Sweet & sour chicken	Small fry & crispy herby potatoes c
Vegetarian Option (Green band)				
Quorn sausage & tomato roll & jacket wedges v	Sweet potato & cheese quiche & ½ jacket potato v, c	Cauliflower cheese & roast potatoes v, c	Lentil Bolognese & spaghetti v	Bean & cheese burrito & crispy herb potatoes v, c
Jacket Potato /Pasta Option (Yellow band)				
Jacket potato with tuna and/or cheese and/or baked beans c	Jacket potato with cheese and/or baked beans v, c	Jacket potato with cheese and/or baked beans v, c	Jacket potato with cheese and/or baked beans v, c	Cheese & tomato pasta v, c
Vegetables (a salad cart is also available every day)				
Cucumber sticks & baked beans	Peas & sweetcorn	Spring greens & carrot batons	Broccoli & sweetcorn	Peas & baked beans
Dessert (yoghurt is also available as an alternative dessert)				
Melon wedge selection v	Fruit cookie v	Orange jelly & mandarins v	Marmalade cake & custard v	Fruit yoghurt v

v = suitable for vegetarians**c** = contains cheese