

**Menu for Week 3****November 2017 to March 2018**

<b>Weeks commencing</b>	<b>2017: 4<sup>th</sup> December</b> <b>2018: 22<sup>nd</sup> January &amp; 12<sup>th</sup> March</b>			
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main Option (Red band)</b>				
Macaroni cheese & bread <b>v, c</b>	Pork meatballs in tomato sauce & pasta twists	Roast British gammon, roast potatoes & gravy	Chicken and butternut squash curry & rice <b>c</b>	Jumbo fish finger, diced potatoes & lemon mayo
<b>Vegetarian Option (Green band)</b>				
Potato topped vegetable & bean bake <b>v</b>	Cheese and egg flan & diced potatoes <b>v, c</b>	Vegetable crumble, roast potatoes & gravy <b>v</b>	Quorn sausage patty & mashed potato <b>v</b>	Quorn burger & ½ jacket potato <b>v</b>
<b>Jacket Potato / Pasta Option (Yellow band)</b>				
Jacket potato with tuna and/or cheese and/or baked beans <b>c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Jacket potato with cheese and/or baked beans <b>v, c</b>	Cheese & tomato pasta <b>v, c</b>
<b>Vegetables (a salad cart is also available every day)</b>				
Peas & farmhouse vegetables	Broccoli & ratatouille	Cauliflower & green beans	Sweetcorn & cauliflower	Peas
<b>Dessert (yoghurt is also available as an alternative dessert)</b>				
Butterscotch mousse & fresh fruit <b>v</b>	Fruit yoghurt <b>v</b>	Cheese and biscuits & apple slices <b>v,c</b>	Fruit bun loaf & milk <b>v</b>	Eve's pudding & custard <b>v</b>

**v** = suitable for vegetarians**c** = contains cheese