

Menu for Week 2**November 2017 to March 2018**

Weeks commencing	2018: 15th January, 5th February, 5th March, 26th March			
Monday	Tuesday	Wednesday	Thursday	Friday
Main Option (Red band)				
Pasta in a tomato sauce & herby bread v, c	Beef lasagne c	Roast British turkey, stuffing, roast potatoes & gravy	Pork sausage and apple plait & mashed potato	Breaded fish fillet & hash browns
Vegetarian Option (Green band)				
Vegetable samosas with tomato salsa & savoury rice v	Cheese & spinach cannelloni in tomato sauce with fresh bread v, c	Quorn fillet & roast potatoes v	Cheese & onion potato puff & potato v, c	Pizza swirls & spicy potato wedges v
Jacket Potato /Pasta Option (Yellow band)				
Jacket potato with tuna and/or cheese and/or baked beans c	Jacket potato with cheese and/or baked beans v, c	Jacket potato with cheese and/or baked beans v, c	Jacket potato with cheese and/or baked beans v, c	Cheese & tomato pasta v, c
Vegetables (a salad cart is also available every day)				
Peas & sweetcorn	Sweetcorn & broccoli	Broccoli & carrots	Beans & farmhouse vegetables	Peas & carrots
Dessert (yoghurt is also available as an alternative dessert)				
Peach and coconut sponge, peach puree & custard v	Fruit cookie v	Fruit yoghurt v	Oaty apple muffins v	Fruit & jelly v

v = suitable for vegetarians**c** = contains cheese