

Whole School Relationships and Health Education Progression

RHE is taught through PSHE/RE/PE/Science/Computing - Online safety

We also use the NSPCC PANTS guidance

	YR	Y1	Y2
Families and people who care for me	Pupils can identify the special people in their lives, what makes them special and how special people care for one another.	Pupils can identify the people who look after them, who to go to if they are worried and how to attract their attention.	Pupils know the difference between secrets and surprises and the importance of not keeping a secret that make them feel uncomfortable, worried or afraid.
Caring friendships	Pupils understand that there are similarities and differences between everyone and can celebrate this.	Pupils understand the importance of listening to other people, to play and work collaboratively including strategies to resolve simple arguments through negotiation	Pupils can recognise different types of teasing and bullying, understanding that these are wrong and unacceptable
Respectful relationships	Pupils can recognise what they like and dislike and feel empowered to make real, informed choices.	Pupils can identify and respect the differences and similarities between people.	Pupils can identify the ways in which people and families are unique, understanding there has never been and will never be another one of them.
Online relationships	Pupils understand that they must tell an adult if anything on the internet makes them feel uncomfortable.	Pupils understand they must not give personal information to other people on the internet without the permission of an adult. They know that there are things on the internet that are not appropriate.	Pupils understand the importance of keeping personal information private. They understand where to go to for help and support when they have concerns about content or contact on the internet or other online technologies.
Being Safe	Pupils understand the concept of privacy, including the right to keep things private and the right another person has to privacy.	Pupils understand that their body is their own and privates are private.	Pupils understand they can judge what kind of physical contact is acceptable, comfortable and uncomfortable and how to respond.