



# Prior Heath Infant School

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Headteacher: Mrs Lindsey Chivers

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Dear Parents/Carers,

Thank you for supporting our decision to continue to send your child into school in their PE kit on their allocated PE days. It has been great to see the children so enthused about their physical activity and the desire to lead healthy lifestyles. As we approach the winter months, our PE lessons will predominantly be taking place indoors. Please see below some updates and reminders to enable your child to successfully take part in their Gymnastic and Dance lessons.

## **Clothing**

Children are expected to wear a white T-shirt with the Prior Heath logo on the days that they have PE. During colder weather, children may wear plain navy or black jogging bottoms or leggings to keep them warm during the day. Please avoid coloured or patterned versions of these. We are in discussion with Brenda's Schoolwear to include a hooded sweatshirt in addition to the normal sweatshirt/cardigan which can be worn on PE days and further information will follow.

To be able to participate in gymnastic lessons, all children must wear shorts during these sessions to enable them to have the necessary grip needed when climbing on apparatus and high equipment. Loose clothing, such as jogging bottoms pose a health and safety risk. We ask that you send your child in with a pair of named shorts that can be left on their peg to change into at the beginning of lessons that require apparatus. If your child does not have shorts for these lessons, they will be unable to take part.

## **Verrucae or athlete's foot**

Children take part in gymnastics lessons in bare feet. If children have a verruca or athlete's foot, the infected area should be covered by a treatment which provides a protective barrier over the infection. This will still enable children to have the necessary grip when climbing on high equipment.

## **Jewellery**

Children are not allowed to take part in PE wearing any jewellery, including earrings and no child will be allowed to participate in lessons if they are wearing these. For safety reasons children who wear earrings must be able to take them out themselves or we ask that you please remove them at home on PE days. We do not allow children to cover earrings with tape during PE lessons.

### **Hairstyles**

Children with long hair should have this tied back at all times for hygiene and safety reasons. Please ensure that your child comes to school with an appropriate hairstyle, particularly on PE days.

### **PE timetable**

Please see below a reminder of your child's class PE days. Unless informed otherwise (e.g. for a special event or trip), these will stay the same each week:

<b>Year Group</b>	<b>Class</b>	<b>Day</b>
Reception	Chestnut	Tuesday and Wednesday
	Willow	Tuesday and Wednesday
Year 1	Holly	Wednesday and Friday
	Oak	Monday and Thursday
Year 2	Cherry	Monday and Tuesday
	Rowan	Monday and Thursday

Thank you for your continued support.

Miss Rogers  
PE Subject Leader