

The '25 days of kindness advent' challenge



Have a go at completing as many of the following activities as you can during December or you can come up with your own!

1st	Feed the wildlife in your garden.
2nd	Give a meaningful compliment to someone.
3rd	Say 'thank you' to a family member for something that they have done for you this week.
4th	Sort out some toys or books that you no longer use and donate them to charity.
5th	Help someone at home with a task.
6th	Play with someone who looks lonely at break or lunchtime today.
7th	Write a kind letter to someone.
8th	Hold a door open for someone.
9th	Bake a cake or some biscuits and give them to a friend or neighbour.
10th	Offer to help with the tidying or washing up.
11th	Give someone you know a hug.
12th	Make someone a Christmas card.
13th	Smile and say good morning to people that you see whilst waiting for the school doors to open.
14th	Cheer someone up by telling them a Christmas joke.
15th	Help another pupil with something at school today.
16th	Make a thank you card for someone that has helped you this year.
17th	Speak to someone on the phone that you don't see very often.
18th	Offer to help an adult with a job.
19th	Donate some items to a local foodbank.
20th	Share something with someone that you know.
21st	Ask a friend or member of your family to tell you about their day.
22nd	Make a card or leave out a treat for your postman / lady.
23rd	Visit a local care home and take some homemade Christmas cards.
24th	Tell someone that you love why you appreciate them.
25th	Say 'thank you' and be grateful for any gifts that you receive.