Twelve15			Sį	oring/Summer 2025
Menu for Week 3				
Weeks commencing	8 th September, 29 th September, 20 th October			
Monday	Tuesday	Wednesday	Thursday	Friday
Main Option – seasonal ve	getables are served with a	all meals		
Veggie pizza with potato tots v	Pork sausages (contain beef) with creamed potato and gravy	Roast chicken with roast potatoes and gravy	Breaded chicken steak with rice and optional curry sauce	Fish fingers with oven chips
Vegetarian Option – seaso	nal vegetables are served	with all meals		
Veggie pasta v	Quorn sausage with creamed potato and gravy v	Vegan sausage cutlet with roast potatoes and gravy v	Southern style Quorn burger with rice and optional curry sauce v	Veggie dippers with oven chips v
Jacket Potato / Pasta Optio	on – seasonal vegetables a	re served with all meals		
Jacket potato with cheese and/or baked beans v	Jacket potato with cheese and/or baked beans v	Jacket potato with tuna and/or cheese and/or baked beans	Jacket potato with cheese and/or baked beans v	Cheese and tomato pasta v
Dessert				
Lemon shortbread v	Pear sponge with custard v	Fresh dairy yoghurt v	Fresh fruit salad with vanilla yoghurt v	Raspberry ripple ice cream roll v